

KAMARES VILLAGE MATTERS

Kamares Village Houseowners' Association Newsletter



Another Happy Event

And another baby for reception - Theano delivered a baby girl on July 24th call Antriana. She will be returning in November. Congratulations to Mum, Dad and, of course, Antriana!



Resident and Guests' Night

The next will be an Asian night with Colin Wright on saxophone and Louise Vreony singing, on Thursday, September 28th. Bookings at reception - payment on the night.

Committee News

by Val Potter KVHA Secretary



Committee News

It has been five months since I was diagnosed with breast cancer, and now my operations and Radio Therapy treatment are completed, I am very happy to say that I am now in the clear.

My thanks go to Beryl Mack and the Committee, also Panayiotis Kezoudi for dealing with all the Secretarial issues

which arose whilst I was taking time off for the treatment and to recover.

I was ready to take over again as Secretary at our KVHA Meeting held at the Kamares club last Tuesday, it was so great to be back in the saddle and have to concentrate on normal things as in;

'Cans for Kids', Road names, Pool depth markings, Barking Dogs and the mess they make around Kamares, Future Social Events, to name but a few.

Preparing for the AGM in October is keeping me very busy and I hope you have all made a note in your diaries.

Thank you all for your support over these last five months, it has been greatly appreciated.



Resident and Guests' Night

The Kamares Club organised a Residents and Guests Greek/Cyprus night on August 30th with two dancers, one performing the glasses dance, and two musicians.

Membership Mutterings



Membership Renewals

Don't forget you can renew your annual membership for the KVHA before the start of the Annual General Meeting on 26th October between 2.30 and 3.45 pm in the reception area of the Kamares Club.

Useful Telephone Numbers

USEFUL TELEPHONE NUMBERS	
Emergency Number for Ambulance, Fire or Police	112 / 199
Police and Fire Services - Duty Officer	1499
Medical Assistance - Hospital Information	1400
Kamares Club Reception	26 88 05 76
Larnaca and Paphos International Airports	77 778833
Street Light Fault Reporting (EAC)	1800 with pole number



I want to see you at the KVHA AGM

Thursday 26th October 2017 4 pm at The Kamares Club



Kamares Club Weekly Activities			
Full details on the website and our Notice Board at the Club			
	Morning	Afternoon	Evening
Monday	Yoga Bridge Club		
Tuesday	Paphos Voices Choir		Quiz
Wednesday	Tai Chi Art Group	Book and DVD Library	Monthly Wine Tasting
Thursday	Bridge Club		
Friday	Orphean Singers Tai Chi	Quilting Group	



Meter Readings

Keep an eye on your water usage. It is a really good idea to have a look at your water meter every month and take a note of the reading. Compare your reading with the previous month and see if the difference makes sense. You will also see if water is being used when you take the reading as the red numbers will be seen to change quickly. If you are away for long periods ask a neighbour to do the checks. If you think there is a problem have a talk to Panayiotis Kezoudi at the Kamares Club or your regular plumber. Once the water has gone you are responsible for the cost!

Did You Know?



Cyprus produced the first wine label. Commandaria was produced 5,000 years ago.

Tala Community News

by Cathi Delaney



Those who have been away over the summer months may be unaware that there is now collection of recycling materials (cans, plastics and paper/cardboard) from your door on a Monday. Collection will be from

7.30am

onwards and recycling should be left in the appropriate containers, as detailed below, either alongside your bin-house, not inside please!, or alongside your green refuse bin, or, if your complex has them, in the appropriate recycling bins in which case the recycling can be placed into the bins loose.



Cathi Delaney

1 PMD - plastics, metals and tetra pak containers – in a transparent bag so contents are visible. Please ensure that the items have been washed out.

2 Paper/card – in a transparent brown/black bag, or in a cardboard box, you can pick up a box from the Visteria Kiosk cardboard recycling bin or Mack's Pool & Home Maintenance, or wrapped in string

Suitable bags are available at all the supermarkets.

If you wish to support Cans for Kids, there are suitable containers for these at either the Kamares Club or the UKCA Club.

Regarding Glass, there is no collection at your door and glass and bottles should please be placed in the appropriate glass recycling container at the following locations:

- 1 Ayios Neofytous Avenue near to the Monastery
- 2 Mary Leptos Street/Koralion St junction
- 3 Kamares Club
- 4 Tala Primary School
- 5 Next to the Football pitch
- 6 Tala Monastery Cat park car park



Pick Up Litter

After the hot summer, the next litter pick up around Kamares Village and Tala will be on Saturday, October 14 at 9:00a.m. for approximately one hour. Meet outside the Cliff Bar. Bags provided.



KVHA Social Events

Christmas Party

Wednesday, December 13th - with DJ Marcos

Kamares Club Social Events

Asian Night

Thursday, September 28th

Halloween

Tuesday, October 31st

A Brief History of Cyprus

with apologies to Stephen Hawking



Part 1

The geographical location of Cyprus in the Mediterranean has given this island its history. The great civilisations developed all around Cyprus which gives it such an interesting past and which has shaped the island and its people over 90 centuries.

Let's go back to the start of those 90 centuries to a land untouched by humans and see what it was like. According to Eratosthenes the plains were covered in forests which was a great aid to the development of the island. We also know that there were pygmy hippopotami and dwarf elephants on the island which may have been the reason for the first human to come to the island around 8500 BC to hunt these creatures. We know man was here from carbon dating tools found in a cave on the Akrotiri Peninsular but they appear to have been transient as no evidence of settlements has been found.

Cyprus was first colonised in the Stone Age or Neolithic period and the first settlement has been found at Khirokitia (between Nicosia and Limassol) and has been dated to between 6800 and 6000 BC. The settlement had between 3,000 and 4,000 residents and a 'beehive' stone house can be found there. Other settlements of this period have been found Kalvassos, Kastros and Tenra. These first colonists were believed to have come from Asia Minor by raft.

Around 3900 BC the island's copper deposits were discovered and drew settlers from Palestine to exploit this find. Mines were dug and the trees were chopped down to smelt the copper.

Guidance Of Portable Electronic Devices

Published by the UK Civil Aviation Authority



The following was published recently by the UK CAA and reflects the current thinking on electronic devices on aircraft.

The widespread use of portable electronic devices, including laptops, mobile phones and tablets, means that more people are travelling with items powered by lithium batteries. Lithium batteries can catch fire if they have been damaged, subjected to short circuit, charged with a different charger to that supplied, or if a portable electronic device overheats. Carriage of portable electronic devices in the cabin is strongly recommended. If carriage within hold baggage proves necessary passengers and operators should ensure that devices are switched off completely (not left in stand-by mode), protected from inadvertent operation or damage, for example by using a rigid suitcase and/or cushioning material such as clothing, and not packed near to aerosols or perfumes or other permitted flammable products. Spare batteries, including power banks, must **never** be placed within hold baggage.

Using imported tin mixed with copper sees the growth of bronze. We are now at about 2500 BC and the start of the Bronze Age. The copper was used to produce artefacts and leads to the development of trade with those living in the Eastern Mediterranean. Cyprus is developing into an economic power in the region. Settlements continue to develop on the island in Nicosia, Sotira and Morphou. Horses and cattle arrive on the island. Pottery and ceramics were also industries the products of which were a source of trade. City states sprang up - one being Salamis which was the capital at the time and others being Kourion, Pafos, Marion (now Polis), Soloi, Lapithos, Tamassos, Kition and Amathous.

Around 1100 BC Mycenaean Greeks were arriving and settling on the island forming ten coastal kingdoms. It was around this time that the Greek language was adopted along with its religion.

Between 750 and 450 BC was a time of foreign occupation. The Assyrians, Egyptians and Persians followed each other as rulers of Cyprus. With the conquest of the Persian Empire by Alexander the Great Cyprus was once again free, sort of. Alexander the Great took control of the kingdoms and gave them autonomy but refused them the right to mint their own coins. On the death of Alexander in 232 BC Cyprus came under the rule of Ptolemy I of Egypt where it remained for 250 years until the Romans arrived.

With Rome's expansion Cyprus became part of the Empire in 58 BC. The famous writer and orator Cicero was one of Rome's first proconsuls. Briefly Cyprus was given to Cleopatra of Egypt. Under Roman rule roads arrived on the island as well as public buildings such as the theatre at Kourion. For Cyprus this was a long period of peace and prosperity - relatively. It was during this period that Christ was born and the spread of Christianity reached Cyprus. In the year 45 AD the apostles Paul, Barnabas and Mark landed on the island and establishing Bishoprics. Barnabas was martyred in Salamis.



The Theatre at Kourion

Coffee Morning at Kamares Club

Friday, 29th September in aid of the World Wide Cancer Fund Raising Event which is being held on the same day across the world. Coffee, tea and a selection of cakes will be available from 11 am until 3 pm. It will be on the same day as the Club's Souvla lunch. So a great day for eating and helping a good cause.

After The AGM

The Club has arranged a special buffet menu for those who would like to stay after the AGM for a meal. The buffet will be served from 7 pm and cost €12.

The menu:

Starter

Soup.

Large Village salad

Main

Feta cheese

Two types of Curry.

Moussaka

Fish and chips

Rice

Chips

Dessert

Fruit Salad

Please reserve your table and give your menu choices to the Club reception by the 19th October 2017, telephone. 26 880 576

In the year 116 a Jewish revolt against the Roman occupation resulted in the death of nearly a quarter of a million Cypriots and Jews, the destruction of Salamis and the forbidding of further Jewish settlements. Emperor Hadrian paid for Salamis to be rebuilt.

In 313 Christianity is recognised by Emperor Constantine and in 327 his mother, Helena, travels to Cyprus on her way to Jerusalem with a fragment of the cross. Helena founds the Monastery at Stavrovouni within which the fragment of the cross is kept in a gold case.

In 395 the Emperor Theodosius dies and bequeaths the Eastern and Western halves of the Roman Empire to his two sons Arcadius and Honorius respectively. The capitals for each half were Constantinople for the East and Rome for the West. Cyprus became part of the Eastern Roman Empire which became known as the Byzantine Empire.

Around 478 Archbishop Anthemios of Cyprus was inspired by a dream to find the tomb of Saint Barnabas in which he is also said to have found the gospel according to Saint Matthew written in Barnabas's hand. The Archbishop rushed to Constantinople and presented the Emperor Zeno with the Gospel. The Emperor was so taken by his gift that gave the church in Cyprus autonomy and, to this day, the bishops of the Cypriot church elect their own Archbishop who has the right to wear imperial purple, carry a sceptre rather than a pastoral staff and sign documents in Imperial purple ink.

Between the 7th and 10 centuries a series of raids by the Arabs took place and they were not finally removed from the island until 965. It was during this period that the castles of Kyrenia and Saranta Kolones at Paphos were built. The ruins of the medieval Saranta Kolones fortress can be seen inside the Paphos Archaeological Park.

Towards the end of the 11th century The Holy Monastery of the Virgin of Kykkos was founded by the Byzantine emperor Alexios I Komnenos. This is where Archbishop Makarios III started as a monk in 1926 and where he is now buried.

To be continued



EMERGENCY MEDICAL CENTRE

Reception 26 653 328

**EMERGENCY
NUMBER 99329434**

Medical Centre GP Surgery Hours

The Doctor is available Monday to Friday from 9 am - 12 noon only.

Please be aware if you wish to consult with the Doctor you should be there before 12 noon.

Wednesday Blood Clinic

For patients needing blood tests

These can now be collected from the patient at The Kamares Medical Centre thus avoiding the need to visit the Iasis Hospital for the tests. Results are returned to The Kamares Medical Centre.

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Join your new Committee after the AGM for a complementary drink.

Tropical Paradise Pool Party

by Maggie Wright

The KVHA party around the pool with the tropical theme on August 17th was a great success, although only just under 60



attending due mainly to people away. The food was very good and the very talented and gregarious entertainer, Mark Gregory again was a "hit" singing background songs during the meal followed by lots of dancing including a chain of people dancing around the pool to Amarillo. Sadly he is leaving the island to live in Germany. Many great comments regarding the event with a few saying "one of the best".

Kelefos Bridge

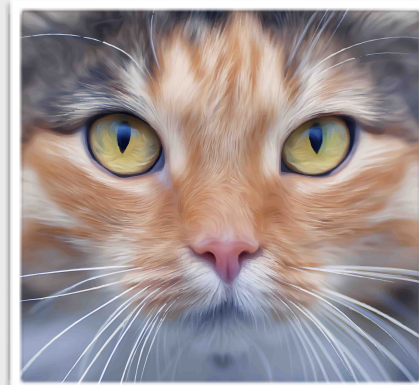
The medieval Venetian bridge was built around 1500. The Dhiarizos River runs underneath the bridge to the Arminou Dam.



Pafos2017 Future Events

There are still some ongoing exhibitions and many upcoming events at the Medieval Manor House in Kouklia, Town Hall Square, Castle Square and many other venues. Check out website www.pafos2017.eu

Did You Know?



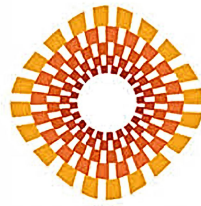
The oldest known pet, thought to be 9,500 years old, was found in Cyprus. It was obviously dead and found buried with its master.

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The KVHA does not necessarily endorse the views expressed in this publication.



PAFOS2017
EUROPEAN CAPITAL OF CULTURE

Pafos2017 hosted Misia, the soul of fado, from Portugal at the Paphos amphitheatre, also known as the Ancient Odeon, on August 19th. She was accompanied by 3 musicians - a pianist, guitarist and one playing the mandolin to a packed audience. It is a small 2nd century Odeon built entirely of well-hewn limestone blocks. Today it is used in the summer for musical and theatrical performances.

The Ancient Odeon ranks among Cyprus' leading attractions. Despite its relatively small size,



this 2nd century amphitheatre is one of the most famous in the world. Built entirely of hewn limestone blocks, it was excavated and partially restored in the 1970s by the Cyprus Department of Antiquities. With its 12 rows of seats and an audience capacity of around 1,200 people, it regularly hosts theatrical and live music performances during the summer. Just behind the amphitheatre, the Paphos Lighthouse is relatively modern, compared to the Odeon. Next to the Odeon and Lighthouse stands a rocky hill that is said to have been the acropolis of the antique town. Also nearby, the remains of the ancient city walls, the Roman Agora (market) and the sanctuary dedicated to the god of medicine, Asclepius.



One of the renovated buildings in the town, Ibrahim's Khan was host to a quartet, *Lingua Franca Ensemble* on August 26th in the open courtyard. One of the instruments played was a 4 stringed tarhu created by instrument maker and musician, Peter Biffin. The strings' vibrations are transferred to a featherweight wooden cone suspended within the wooden body.